CAMS
Consolidated Asset Management Services

NEWSLETTER

SECOND QUARTER 2025

Photo: Keys Energy Center at night. The plant is operated by CAMS and owned by Alpha Generation.

About CAMS

At CAMS, our founding principle is to add value through superior management and operation of our clients' infrastructure assets.

Our mission is to create value for our customers through innovative management and operations services. We provide sustainable, value-added services for owners of infrastructure assets, including some of the largest financial institutions, independent power producers (IPPs), manufacturers, and private equity firms in the world.

TABLE OF CONTENTS

EHS&R Corner

NEWS INSIDE

From June 2nd through the 5th, roughly 120 attendees from CAMS corporate and energy generation facilities across the CAMS fleet gathered for the 7th annual CAMS Environmental, Health, Safety, and Regulatory ("EHS&R") Compliance Summit. This year's event was held in Raleigh, NC. The summit consisted of workshops, presentations, sponsor networking, miniature golf, and so much more!

(Continued next page)

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2025 CAMS Compliance Summit

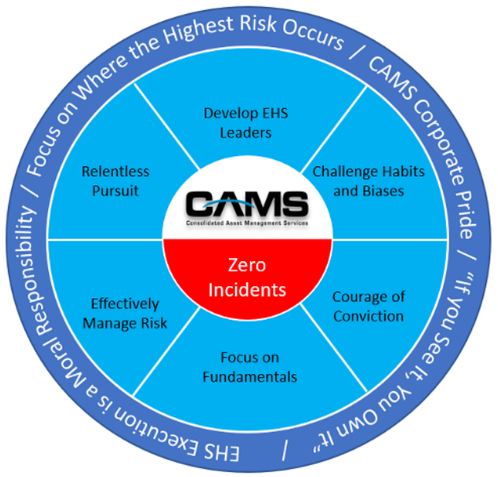
With perfect summer weather and a couple of fire alarms to keep everyone on their toes, participants left with great ideas and new connections.

Forty attendees were welcomed to the City of Oaks a day early to attend a NERC Regulatory Standards by Standards workshop before the main conference kicked off. On Tuesday, CAMS' CEO, Joe Sutton, spoke to the team about industry resilience at CAMS, followed by regulatory presentations and safety manager discussions. The social event later that evening allowed conference sponsors to engage with facility personnel over a friendly miniature golf competition. Wednesday was filled with interactive Health & Safety updates and discussions, allowing employees to learn from each other's experiences – both successes and challenges. Later in the afternoon, attendees participated in a BloodConnection blood drive where our original goal was nearly doubled, saving up to 45 lives in North Carolina hospitals! The Environmental Team closed the summit with engaging guest presentations, scenario role plays, and local North Carolina ice cream.

Stay tuned for updates on next year's summit and don't forget to take the post-attendee survey.

H&S Summit Engagement

By Ben Vodila, Vice President Health & Safety



At CAMS, our commitment to the health and safety of our employees, contractors, customers, and communities and environmental stewardship are all central to our values. Our annual ESHR Summit is a key platform to reinforce this commitment and showcase our pursuit of operational and compliance excellence.

Building on last year's success, the 2025 Summit featured a dedicated day-long breakout session for plant managers and EHS managers to engage directly with the corporate Health & Safety Team and CAMS senior leadership. This informal, open-dialog setting fostered meaningful conversations around shared challenges, opportunities, and best practices.

As a result participants gained actionable insights, identified knowledge gaps, and promoted cross-site collaboration—strengthening our collective safety culture.

Key Takeaways from the Health & Safety Breakout Session:

SafetyStratus Enhancements

• SafetyStratus, one of our Summit Sponsors, led an interactive demonstration of their platform's capabilities.

• Participants explored improved methods for tracking incident reports by site and receiving timely notifications.

• A need for clearer tracking of record changes was identified, prompting follow-up with the SafetyStratus support team.

Regulatory Compliance and Contractor Management

• Robust discussions focused on contractor orientation, documentation, and compliance tracking.

• Concerns around liability during contractor incidents led to clarifying roles & responsibilities.
• Proposed solutions included the use of CAMS pre-qualification forms and exploring platforms for real-time activity tracking.

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H&S Summit Engagement (cont.)

Permit and Lockout/Tagout ("LOTO") Systems

• The Renewables team shared insights from their LOTO audit process.

• Multiple sites contributed best practices for online permit tracking systems, recommending upgrades to enhance efficiency.

Additional Safety Topics Discussed:

• Medical Records and Hearing Conservation: Clarified CORE's responsibilities, including OSHA reporting requirements for threshold shifts.

• New Employee Orientation: Discussed improvements to onboarding and the integration of the upcoming pocket safety handbook.

• Bloodborne Pathogen Program: Reviewed protocols, emphasizing Hepatitis B vaccinations and exposure response.

The high level of engagement from site management, coupled with senior leadership's participation, underscored CAMS' strong commitment to safety. The momentum from this session is already driving improvements across our fleet. Peer-to-peer exchanges like these foster trust and collaboration – essential elements of a resilient safety culture.

We look forward to building on this progress and sharing future updates inspired by the insights and connections formed during the 2025 EHSR Summit. Thank you for making this year's Summit a success.

Looking Ahead

We sincerely appreciate everyone who participated in our Health & Safety breakout session. As we continue to deliver world-class support across all our locations, we remain committed to embedding the CAMS EHS Vision into every aspect of our safety programs. Given the positive feedback on the extended time for in-depth discussions, we plan to continue similar sessions in future EHSR Summits.

For questions or feedback regarding the CAMS Health and Safety program, please contact: Ben Vodila, Vice President of Health & Safety (**bvodila@camstex.com**).

ETS Operations Growth

Photo: Mesteno Wind Farm, located in Starr County, Texas is owned by InfraRed Capital Partners, LTD. CAMS is transitioning into providing BOP O&M, Asset Management, ROC, NERC, and IT services for the facility.

Energy Transition Services ("ETS") continues to make significant strides in supporting the shift to clean energy through its Renewable Operations and Maintenance division. With a growing portfolio that spans Wind, Solar, and Battery Energy Storage Systems ("BESS"), the first half of 2025 has been marked by expansion, integration, and resilience in the face of environmental challenges.

Expansion of the Renewable Portfolio

The integration of the Duke C&I solar team has been successfully completed, further strengthening our capabilities across Solar and BESS operations. This strategic move aligns with our goal to build a unified, high-performing renewable platform across technologies and regions.

ETS now oversees operations at a diverse set of renewable energy sites: Mesteno (Wind), Padua 1 (BESS), Desert Willow (BESS), Big Rock (BESS), Burksol (BESS), Liebert (Substation).

Mesteno	Padua 1	Desert Willow	Big Rock	Burksol	Liebert
201 MW	50 MW	150 MW	220 MW	100 MW	Substation
	100 MWh	300 MWh	481 MWh	200 MWh	
Infrared	CPS/Eolia	esVolta	Gore Street	esVolta	Gore Street

This expansion reflects a significant uptick in our managed megawatts and energy storage capacity through Q1 and Q2 of 2025.

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ETS Operations Growth (cont.)

Operational Resilience Amid Natural Disasters

The first half of the year also tested our teams with multiple weather-related disruptions:

California and Georgia wildfires posed substantial threats to Solar and BESS assets, requiring quick mobilization and ongoing risk mitigation.

Hurricane Helene, impacting sites in Georgia and North Carolina, tested our storm-readiness protocols and emergency response systems.

Seasonal summer heat and winter storms also presented operational challenges that our field teams addressed with professionalism and agility.

Thanks to the commitment of the ETS operations team, uptime and safety remained top priorities throughout these events.

Our People: The Foundation of ETS Renewables

Our operational strength is powered by a talented and distributed workforce of 66 team members:

- **4** staff members are based in the Houston office.
- **62** remote workers span the country, allowing flexible and responsive site coverage.
- The team includes **9** Wind Site Managers, ensuring optimized performance at our wind facilities.

Regional oversight is provided by East and West Coast Resource Managers, who manage:

- A growing team of dispatched Solar Technicians
- **6** BESS Plant Managers, specializing in storage asset operations

Our team's adaptability, expertise, and collaboration continue to be key drivers of our success in the field.

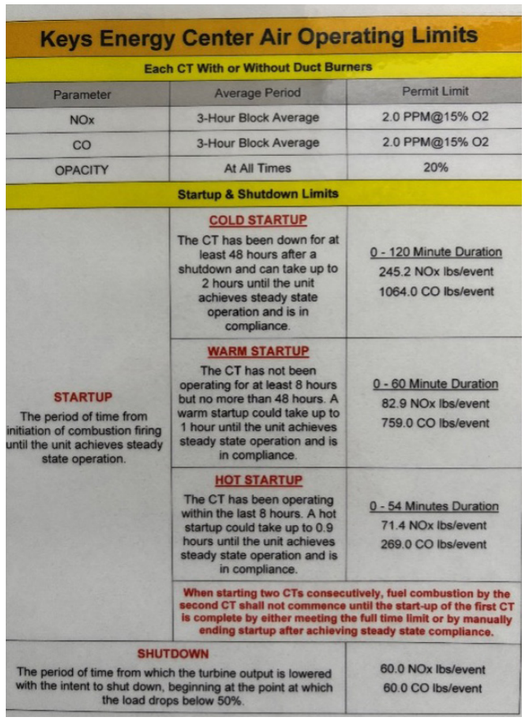
With this team we've completed over **1,300** work orders this year.

Looking Ahead

As we move into the second half of 2025, ETS remains committed to delivering excellence in renewable operations, meeting the challenges of a changing climate head-on, and enabling the energy transition through reliable, innovative service.

Permit Placemat Enhances Compliance

During the 2025 Annual Environmental Site Assessment, a best practice was observed at the Keys Energy Center that demonstrated a simple yet highly effective method for improving regulatory compliance and operational awareness: the use of laminated placemats taped to desks in control rooms.



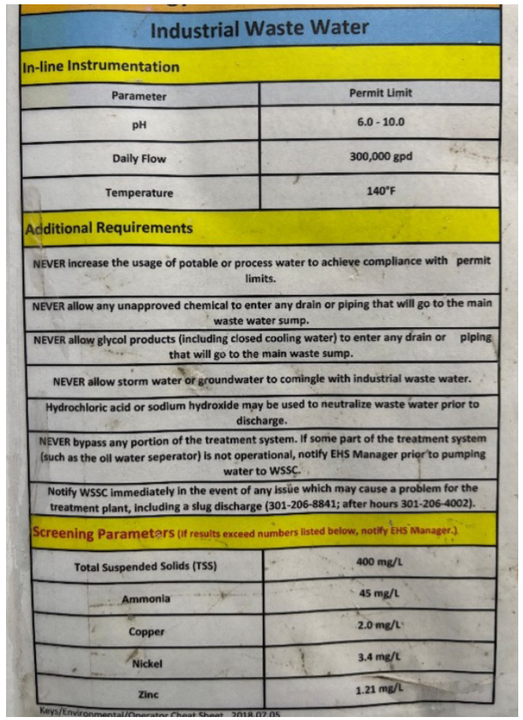
Keys Energy Center Air Operating Limits

Each CT With or Without Duct Burners

Parameter	Average Period	Permit Limit
NOx	3-Hour Block Average	2.0 PPM@15% O2
CO	3-Hour Block Average	2.0 PPM@15% O2
OPACITY	At All Times	20%

Startup & Shutdown Limits

STARTUP The period of time from initiation of combustion firing until the unit achieves steady state operation.	**COLD STARTUP** The CT has been down for at least 48 hours after a shutdown and can take up to 2 hours until the unit achieves steady state operation and is in compliance.	0 - 120 Minute Duration 245.2 NOx lbs/event 1064.0 CO lbs/event
	WARM STARTUP The CT has not been operating for at least 8 hours but no more than 48 hours. A warm startup could take up to 1 hour until the unit achieves steady state operation and is in compliance.	0 - 60 Minute Duration 82.9 NOx lbs/event 759.0 CO lbs/event
	HOT STARTUP The CT has been operating within the last 8 hours. A hot startup could take up to 0.9 hours until the unit achieves steady state operation and is in compliance.	0 - 54 Minutes Duration 71.4 NOx lbs/event 269.0 CO lbs/event
	When starting two CTs consecutively, fuel combustion by the second CT shall not commence until the start-up of the first CT is complete by either meeting the full time limit or by manually ending startup after achieving steady state compliance.	
SHUTDOWN The period of time from which the turbine output is lowered with the intent to shut down, beginning at the point at which the load drops below 50%.		60.0 NOx lbs/event 60.0 CO lbs/event



Industrial Waste Water

In-line Instrumentation

Parameter	Permit Limit
pH	6.0 - 10.0
Daily Flow	300,000 gpd
Temperature	140°F

Additional Requirements

NEVER increase the usage of potable or process water to achieve compliance with permit limits.

NEVER allow any unapproved chemical to enter any drain or piping that will go to the main waste water sump.

NEVER allow glycol products (including closed cooling water) to enter any drain or piping that will go to the main waste sump.

NEVER allow storm water or groundwater to comingle with industrial waste water.

Hydrochloric acid or sodium hydroxide may be used to neutralize waste water prior to discharge.

NEVER bypass any portion of the treatment system. If some part of the treatment system (such as the oil water seperator) is not operational, notify EHS Manager prior to pumping water to WSSC.

Notify WSSC immediately in the event of any issue which may cause a problem for the treatment plant, including a slug discharge (301-206-8841; after hours 301-206-4002).

Screening Parameters (if results exceed numbers listed below, notify EHS Manager.)

Total Suspended Solids (TSS)	400 mg/L
Ammonia	45 mg/L
Copper	2.0 mg/L
Nickel	3.4 mg/L
Zinc	1.21 mg/L

Keys/Environmental/Operator Cheat Sheet_2018.07.05

These placemats display all pertinent permit limits and regulatory information in a clear, concise format readily accessible to plant staff. This approach offers numerous advantages, such as providing instant access to critical permit data, staff can quickly reference operational thresholds without the need to search through digital files or binders, significantly reducing response time during routine and emergency operations. The constant visibility of permit limits reinforces compliance and could serve as a valuable training aid for new employees, helping them quickly internalize regulatory requirements.

Standardizing the display of this information across control rooms promotes consistency in operations and decision-making. The strategy is also cost-effective, requiring minimal resources to implement and update. Furthermore, the placemats can be easily customized for specific units or shifts and updated as permit conditions evolve, ensuring the information remains current and relevant.

Permit Placemat Enhances Compliance (cont.)

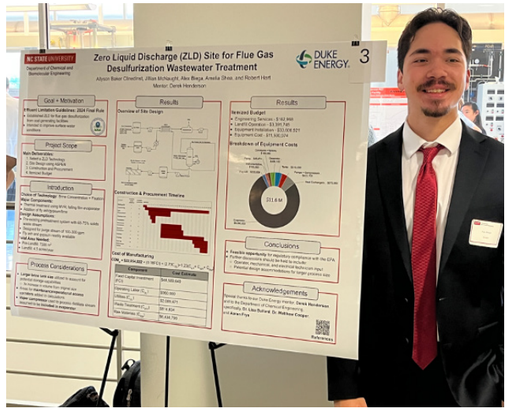
Importantly, this practice is already consistent with CAMS' Conduct of Operations procedures, which include the development of an "Operator Box" to define environmental limits. Rather than representing a new initiative, the use of placemats reinforces our commitment to following our own established standards and procedures—demonstrating how thoughtful implementation of existing protocols can enhance both compliance and operational awareness for plant operations staff.

This practical, low-cost solution exemplifies how thoughtful design and operational awareness can work together to support environmental stewardship and regulatory excellence in the energy sector.

Keys Energy Center is a 761 MW 2x1 gas-fired combined cycle plant located in Brandywine, Maryland. The plant is operated by CAMS and owned by Alpha Generation.

Photo: Keys Energy Center aerial view

CAMS Intern - Inspiring the Next Generation



At CAMS, we believe in the power of future talent. Our internship programs at our corporate offices and across our fleet are more than just stepping-stones — they are launchpads for the next generation of power industry leaders. Alex Biega, a recent Chemical and Biomolecular Engineering graduate at NC State University, spent his last two summers immersed in operations at a CAMS plant. With his boots on the ground, building his knowledge of the industry, Biega left with a research idea that he proudly presented as his final Senior Design Project before he graduated with his degree.

In July 2024, the Environmental Protection Agency ("EPA") finalized a rule establishing guidelines for effluent resulting from Steam Electric Power Generation. The rule requires Zero Discharge Limits for both flue gas detection and bottom ash transport water at coal-fired power stations. Facilities will be required to implement new and innovative technologies to meet compliance deadlines set for 2027 for any indirect dischargers and 2029 for direct dischargers. After working closely with a plant environmental, health and safety manager, Biega took a special interest in configuring a compliance solution to help facilities meet this requirement.

Biega tasked himself and his engineering Senior Design classmates with finding a compliant, environmentally sound solution that a coal plant could implement to comply with this new rule. Specifically, Biega intended to research technological solutions that a Zero Liquid Discharge ("ZLD") facility could implement to achieve flue gas desulfurization in wastewater treatment to improve surface water quality. For this project, the team selected a brine concentration and fixation technology. The technology would be used for thermal treatment using Mechanical Vapor Recompression ("MVR"), a falling film evaporator, and the addition of fly ash/gypsum/lime. The team ran extensive models, consulted with mentors from Duke Energy and a selected power generation site, and presented a financial breakdown. With additional time and input from site personnel, this project could present itself as a feasible solution for coal facilities.

Although Biega is leaving the power industry for his first full-time position, he is immensely grateful for his experience, which has found applicability in his new career at a paper mill. CAMS is grateful to have played a role in Biega's experience and is excited to hear about all he will accomplish from his proud father, Jeff Biega, an Operations Engineer at CAMS.

NCA1 Upgrades CEMS

By Adam Rogge, Regional Environmental Manager

NCA1 is a 90 MW, combined cycle, cogeneration plant located in Las Vegas, Nevada. The plant is owned by Northern Star Generation and is operated by CAMS.

NCA1 completed the transition from a stack-shared Continuous Emissions Monitoring System ("CEMS") to dedicated, source-specific CEMS analyzers. The project completed final Quality Assurance protocols in February 2025. This significant upgrade to NCA1's environmental emissions compliance plan was implemented to reduce system downtime, improve data integrity, and enhance compliance with increasingly stringent air quality regulations.

Historically, NCA1 utilized a stack-sharing CEMS, where multiple emissions sources were routed through individual sample conditioning systems and a common centralized analyzer rack. This setup included multiple sample lines with solenoid valve switching, shared NOx, CO, and O2 analyzers, and a common data acquisition and handling system ("DAHS"). NCA1 transitioned from Part 60 to Part 75 in January 2024 and discovered that the stack-shared system compromised data accuracy and increased downtime during routine maintenance and quality control calibrations. By deploying dedicated analyzers for each emissions source, , direct extractive probes, and source-specific analyzers, NCA1 has achieved faster response times, improved data integrity, and simplified maintenance. Each unit now operates autonomously through the DAHS, ensuring uninterrupted monitoring and more precise emissions tracking, which is critical for real-time diagnostics and compliance reporting.

This upgrade was also essential to meet stricter enforcement of the EPA's 40 CFR Part 75 regulations. Recent guidance emphasizes unit-specific monitoring, making shared stacks increasingly non-compliant. Part 75 now requires higher data availability thresholds, more rigorous QA/QC documentation, and unit-level Relative Accuracy Test Audits ("RATA"), all of which are difficult to achieve with shared systems. The risk of data invalidation due to downtime across multiple units became increasingly more difficult with a stack-shared system. By installing individual CEMS analyzers, NCA1 ensures full alignment with compliance with downtime data invalidation and reduces the risk of enforcement actions against further tightening of emissions standards.

IBR Specific Standards

By Jalen Tarvin, NERC Supervisor

Inverter Based Resources ("IBRs") are types of generation resources like solar panels, wind turbines, and battery storage systems that use inverters to convert the direct current ("DC") electricity they generate into alternating current ("AC") which is used on the power grid. Inverters connect to a number of feeders that connect to a single point on a collector bus.

Ultimately, a generator step up transformer steps the voltage of the collector bus to a voltage that can be transmitted to a transmission Substation.

Photo: Stephens Ranch Wind Energy is located in Borden and Lynn Counties Texas. CAMS provides Asset Management services.

One of the greatest reliability challenges for renewable generation projects is staying online during grid disturbances. When there are disturbances on the power grid, such as sudden changes in voltage or frequency, IBRs may lack the ability (also termed "frequency/voltage ride through") to stay connected during these short-term changes, causing them to shut down or disconnect. If too many systems disconnect during a disturbance, it can make the problem worse and even lead to blackouts. This challenge has sparked a new initiative in the power industry to address frequency and voltage ride through via new standards.

Current reliability issues for IBRs lie in the protection functions at the inverter level. Current NERC Standards and Regional Standards are not tailored to reliability at the inverter level. NERC and the Regional Entities have begun developing standards and guidelines to address IBRs, with an emphasis on those IBRs with an aggregate capacity less than 75 MVA. One of the biggest standard changes is starting in the ERCOT region.

On October 1, 2024, ERCOT updated Section 2 of its Nodal Operating Guide to address voltage and frequency ride through requirements for IBRs. Known as NOGRR245, this revision requires all IBRs to "maximize" their ride through capabilities to stay online, even if they must go beyond established minimum requirements. ERCOT issued a request for information in February 2025 to all applicable Generator Owners to ensure these requirements are met by December 2025.

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IBR Specific Standards (cont.)

Photo: Amazon Rooftop, Tuscon, AZ. CAMS performs O&M and Asset Management services.

ERCOT's revised voltage and frequency requirements for IBRs are very similar to those of NERC's new standard PRC-029-1 which focuses on how IBRs should handle voltage and frequency disturbances. This is one of several standards NERC has filed with FERC to address reliability of IBRs. FERC has proposed to approve PRC-029-1 while other IBR specific NERC Standards have already been approved. All IBR specific standards are expected to go into effect in 2026, coinciding with NERC's expected deadline for registering IBRs. In addition to PRC-029-1, PRC-030-1 and PRC-028-1 are two IBR specific standards that will be challenging for IBR owners to comply with as 2026 approaches.

PRC-030-1 will require IBR owners to implement a procedure for identifying applicable loss of output or changes in Real Power output occurring within a 4 second period. These losses or changes are required to be reported within a defined period or as requested from a reliability entity. Additionally, PRC-030-1 requires IBR owners to develop a Corrective Action Plan in response to any applicable loss of output or changes in Real power output.

PRC-028-1 will require IBR owners to implement Disturbance Monitoring Equipment for Sequence of Event Recording ("SER"), Fault Recording ("FR"), and Dynamic Disturbance Recording ("DDR") data. Complying with this requirement will be challenging for IBRs that are already operational, as DME implementation is a costly process. The cost is expected to rise with the demand that will be created from this new requirement. PRC-028-1, along with the other IBR specific standards will create the need for IBR specific NERC procedures and NERC training programs.

The list of IBR specific standards continues to grow. NERC standards are already in development to address topics such as modeling, voltage control, and grid interconnections. As CAMS continues to expand its energy transition portfolio, staying ahead of evolving regulatory standards is essential. Proactively addressing these requirements for both new and existing facilities ensures that our clients are well-positioned to plan for compliance and anticipate potential capital investments. CAMS renewables facilities such as Canadian Breaks and Cotton Plains are already in the process of addressing these new requirements. Clear communication of these developments empowers owners to make informed, strategic decisions.

The CAMS NERC team is actively monitoring these changes to ensure support is provided to current and future customers.

AssurX Implementation

By Jay Langley, NERC Manager

Photo: Assurx brochure. © Assurx, Inc. The original brochure is available at assurx.com and https://www.assurx.com/wp-content/uploads/resources/brochures/Assurx-Corp-Brochure-ECOS-M.pdf

The NERC Compliance Department will be rolling out a new enterprise software package over the next few months. The software, provided by AssurX, features configurable workflows designed to ensure that internal controls are in place and compliance is maintained across all of CAMS' fleet. In most cases, implementation will occur during your plant's next scheduled NERC Assessment.

The workflows will enable notifications for upcoming compliance tasks, along with instructions and forms necessary to maintain compliance while producing audit-ready evidence. Additionally, the program will include a system for escalating tasks as due dates approach, along with a review process for submitted evidence. The system will be more robust and streamlined than GenSuite as it allows for date-drive recurring tasks, evidence storage, and customizable compliance dashboards.

All plants and personnel using this software will receive an overview of the system and training tailored to their specific job functions in AssurX. This new software is expected to streamline tasks and preparation for both internal and external audits, requiring fewer person-hours than our current practices. All while enhancing the quality and availability of compliance evidence. More information will be provided by the Corporate NERC team as this program is implemented. In the meantime, if you have any questions, please contact Jay Langley at **jlangley@camstex.com**.

Keystone Lake Cleanup

By Al DePaoli, Regional Environmental Manager, Environmental Services

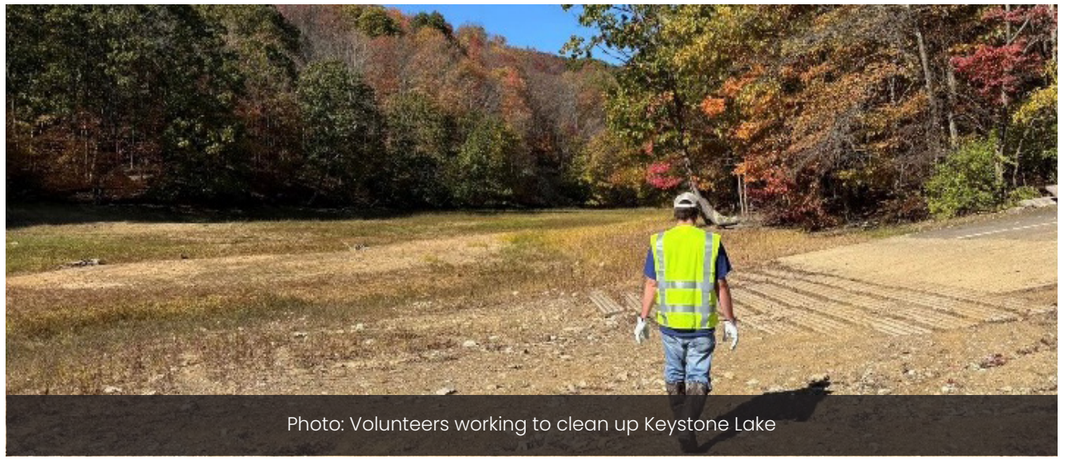

Photo: Volunteers working to clean up Keystone Lake

Photo: Area Map showing location of Keystone Lake and the meeting point

Keystone Generating Station ("Keystone") partnered with a local organization and residents for a successful cleanup at Keystone Lake in Atwood, Pennsylvania. The initiative, supported by the Armstrong County Conservation District, Keystone Sportsman Club, and the Pennsylvania Fish and Boat Commission, aimed to restore the lake's natural beauty and protect its ecosystem. Keystone is located in Shelocta, Pennsylvania and is a 1,711 MW coal-fired power plant operated by CAMS on behalf of a consortium of owners.

A Unified Effort for a Cleaner Future

Volunteers arrived in the morning, equipped with trash bags, cleaning tools and proper personal protective equipment donated by Keystone, participants spread out across the lake's shoreline, picking up litter. As the hours passed, the piles of collected trash grew larger, but so did the sense of accomplishment. People worked side by side, from children to retirees, all sharing the same goal. The event focused on trash and debris that pose a threat to aquatic life and the surrounding wildlife.

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Keystone Lake Cleanup (cont.)

Photo: Volunteers working to clean up Keystone Lake

Photo: Dumpster of trash collected from lake clean up

“This lake is more than just a beautiful spot; it’s an essential part of our local ecosystem and culture,” said Joe Kushner, Manager Strategy and Compliance at Keystone. “Every year, pollution from litter affects the health of the water, wildlife, and plants. Events like today are vital in making a real difference.”

The Importance of Lake Cleanup

Lakes, rivers, and other bodies of water play a vital role in maintaining local ecosystems. They provide habitats for diverse species, contribute to water quality, and offer recreational spaces for residents and visitors alike. Unfortunately, pollution threatens the health of many lakes, causing harm to both wildlife and the community.

Collaboration with Local Entities

The success of the cleanup event was made possible by strong collaboration. Local partners provided logistics, lunch, and waste removal support. Volunteers left with a renewed commitment to sustainability and plans for future cleanups.

Community Impact and Future Plans

The lake cleanup event was a resounding success, filling a 30-yard dumpster with trash removed from the shoreline and surrounding areas. Volunteers not only improved the lake’s environment but also fostered a deeper sense of connection within the community. Many expressed a renewed commitment to sustainability and pledged to continue supporting future cleanups.

As the lake cleanup demonstrated, positive change is possible when individuals and local organizations come together for a common cause. The success of this event serves as a powerful reminder of the difference that can be made when a community unites to protect its environment.

HR Corner

Military Recruiting

We’re excited to share that our Human Resources department is launching a focused military recruiting initiative as part of our ongoing commitment to building a diverse, mission-driven, and values-aligned workforce.

Veterans and active service members bring a wealth of experience, discipline, and leadership that enriches our workplace culture and supports our business goals. Through this initiative, we’ll be actively partnering with military career centers, attending veteran-focused job fairs, and working with organizations that specialize in connecting employers with military talent.

If you have experience working with military-afiliated professionals or are a veteran yourself and would like to get involved, we’d love your insight and support.

NEWS INSIDE

Birthdays of the Months

A big shoutout to all the incredible team members celebrating birthdays in July, August, and September! Your passion, commitment, and energy help make CAMS a fantastic place to work. We’re thrilled to celebrate you and all that you bring to our team. Here’s to a year filled with joy, success, and exciting new adventures. Thank you for being such a valued part of the CAMS family!

2025 Intern Site Visit to Temple

Last week, our summer interns had the opportunity to visit Temple Generating Station as part of their ongoing development experience. The site visit provided valuable insight into our operations and helped connect their day-to-day work with the broader impact of our business.

During the visit, interns:

- Toured the facility and observed key aspects of the plant's operations
- Heard directly from plant leadership and technical staff
- Learned more about how Temple fits into our energy portfolio
- Participated in a Q&A session and gained exposure to real-world applications of their studies

We'd like to thank the team at Temple Generating for their time, hospitality, and willingness to share their expertise. The experience was highly impactful for our interns and gave them a stronger understanding of our mission in action.

Health Screenings

Thank you to everyone who participated in our recent corporate health screenings event. We were pleased to offer this opportunity to support your health and well-being.

During the event, employees received on-site health checks, including:

- Blood pressure
- Cholesterol
- Glucose levels
- BMI and body composition
- Optional flu shots and other wellness services

All screenings were conducted by licensed healthcare professionals, and participants received immediate, confidential results along with personalized wellness tips. We hope this event served as a helpful reminder to prioritize preventive care and take proactive steps toward maintaining your health.

Wellness Program - Aromatherapy bar

The event was a relaxing and refreshing way to take a moment for self-care during the busy workday. Participants were able to explore a variety of essential oils and create custom aromatherapy blends tailored to their personal wellness goals—whether for stress relief, focus, energy, or relaxation. The atmosphere was calm and uplifting, and we loved seeing so many of you enjoy a moment to recharge.

We hope this experience encouraged mindfulness and added a little bit of balance to your day. Special thanks to our wellness team and event partners for making the aromatherapy bar possible. Stay tuned for more wellness initiatives coming soon!

Wellness Program - Aromatherapy bar (cont.)

Memorial Day Snow Cones

CAMS turned up the chill and the cheer with our Patriotic Snow Cone Social!

The Houston corporate office gathered to honor Memorial Day with a sweet twist — red, white, and blue snow cones! It was the perfect way to cool down, connect with colleagues, and most importantly, reflect on the brave men and women who have served our country.

Thank you to everyone who joined us for this social event!

Women's Health Seminar

Thank you to everyone who attended our recent Women's Health Seminar. We're thrilled with the turnout and the engaging conversations that took place around such an important topic.

The seminar featured expert speakers who shared valuable insights on preventive care, hormone health, stress management, nutrition, and mental wellness. It was a powerful opportunity to learn, ask questions, and connect around shared experiences and health priorities.

We're proud to offer events like this that empower our employees to take charge of their health and well-being.

Men's Health Seminar

Thank you to everyone who participated in our recent Men's Health Seminar. The event was a great success and provided a meaningful opportunity to discuss important topics related to men's physical and mental well-being. The seminar featured expert speakers who covered a range of health topics, including preventive care, nutrition, stress management, and the importance of regular screenings. Attendees also had the chance to ask questions and engage in open, informative discussions.

We're proud to offer events like this that support our commitment to whole-person wellness and help break down the stigma around men prioritizing their health.

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NEWSLETTER

SECOND QUARTER 2025

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